

**CONFIDENTIAL PATIENT CASE HISTORY**

Please complete this questionnaire. This confidential history will be part of your permanent records.

Name \_\_\_\_\_ Birthday \_\_\_\_\_ Sex  M  F

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Cell Provider for Reminders \_\_\_\_\_

Marital Status:  M  S  D  W Children, Ages \_\_\_\_\_ Soc. Sec # \_\_\_\_\_

Email \_\_\_\_\_ May we send information here?  Yes  No

Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Work Phone \_\_\_\_\_

Insured's Name \_\_\_\_\_ Birthday \_\_\_\_\_ Relation to Insured? \_\_\_\_\_

Who referred you to us? \_\_\_\_\_ How else did you hear about us? \_\_\_\_\_

What is your major complaint? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When did the condition begin? \_\_\_\_\_

What do you think caused this condition? \_\_\_\_\_

Have you had this or similar conditions in the past? \_\_\_\_\_

Do any positions make it feel worse? \_\_\_\_\_

Do any positions make it feel better? \_\_\_\_\_

Is this condition:  Improved  Unchanged  Getting Worse

Is this condition interfering with your:  Work  Sleep  Daily Routine Other \_\_\_\_\_

Other doctors or therapists who have treated THIS condition: \_\_\_\_\_

List surgical operations and years: \_\_\_\_\_  
\_\_\_\_\_

Do you have a family physician? Name \_\_\_\_\_

May we contact your physician regarding your care? \_\_\_\_\_

**Medications, dosage and frequency:** \_\_\_\_\_  
\_\_\_\_\_

Have you been in an auto accident or had any other personal injury?  Y  N Describe \_\_\_\_\_  
\_\_\_\_\_

# ADVANCED HEALTH & PHYSICAL THERAPY SOLUTIONS

## **FAMILY HISTORY:** (Indicate whether, mother, father, brother/sister, or grandmother/grandfather, and age of onset if known)

Heart disease: \_\_\_\_\_ High blood pressure: \_\_\_\_\_ Stroke: \_\_\_\_\_

Diabetes: \_\_\_\_\_ Cancer: \_\_\_\_\_ Psychological: \_\_\_\_\_

Arthritis: \_\_\_\_\_ Osteoporosis: \_\_\_\_\_ Other: \_\_\_\_\_

## **SOCIAL HISTORY:** (Check the boxes and fill in)

Current Weight \_\_\_\_\_ Have you recently lost or gained weight? \_\_\_\_\_

Mental Work  Heavy  Moderate  Light Hours Per day \_\_\_\_\_

Physical Work  Heavy  Moderate  Light Hours Per day \_\_\_\_\_

Exercise  Heavy  Moderate  Light Hours Per week \_\_\_\_\_ Type \_\_\_\_\_

Smoking  Current  Previous Pack/Day \_\_\_\_\_ No. of years \_\_\_\_\_

Alcohol  Beer  Liquor  Wine Servings/Week \_\_\_\_\_ No. of years \_\_\_\_\_

## MARK YOUR AREAS OF YOUR SYMPTOMS ON THE FIGURE BELOW.

Use the following symbols:

Aches  Numbness  Pins/Needles +++++ Stabbing

## MARK AN "X" ON THE LINES:

How bad are your symptoms now?

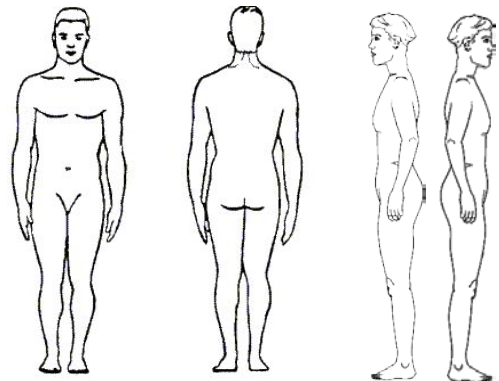
Severity: \_\_\_\_\_  
Least Pain 1 \_\_\_\_\_ 10 Most Pain

How bad have they been in the past?

Severity: \_\_\_\_\_  
Least Pain 1 \_\_\_\_\_ 10 Most Pain

Frequency:

- Occasional 0-25%  Intermittent 26-50%  
 Frequent 51-75%  Constant 76-100%



NOTES: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **Please review the following statements and indicate consent by signing below.**

- \*I authorize the release of any medical information necessary to process my claim.
- \*I authorize payment of medical and surgical benefits to: Advanced Health & Physical Therapy Solutions
- \*I have received a copy of the Hunterdon Advanced Health & Physical Therapy Solutions Financial Policy.
- \*I have received a copy of the practice HIPAA policy.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_